

# Tuckahoe Senior Citizens

COMMUNITY IS AGELESS

## January 2026 Schedule

Tuesdays	Thursdays
<i>Please note: Schedule subject to change</i>	
<p><b>January 6</b>  <b>9:00 – 10:30 am</b> Welcome Back Bagel Breakfast &amp; New Year Celebration!  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Chair Tap with Karen  <b>1:00 – 2:00 PM</b> Singin' and Swingin' with MJ</p>	<p><b>January 8</b>  <b>9:30 – 10:00 AM</b> TSC Executive Board Meeting  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Chair Yoga with Karen  <b>1:00 – 2:30 PM</b> Singin' and Swingin' with MJ</p>
<p><b>January 13</b>  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Line Dancing with Diane  <b>1:00 – 2:00 PM</b> Singin' and Swingin' with MJ</p>	<p><b>January 15</b>  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Chair Tap with Karen  <b>1:00 – 2:00 PM</b> Singin' and Swingin' with MJ</p>
<p><b>January 20</b>  <b>9:30 – 10:30 AM</b> Singin' and Swingin' with MJ  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Dance Fitness with Mika  <b>1:00 – 2:00 PM</b> Art with Deb (Sign Up Req'd)</p>	<p><b>January 22</b>  <b>9:30 – 10:30 AM</b> Singin' and Swingin' with MJ  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Dance Fitness with Mika  <b>1:00 – 2:00 PM</b> Art with Deb (Sign Up Req'd)</p>
<p><b>January 27</b>  <b>9:30 – 10:30 AM</b> Singin' and Swingin' with MJ  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Line Dancing with Diane  <b>1:00 – 2:00 PM</b> Game Time</p>	<p><b>January 29</b>  <b>9:30 – 10:30 AM</b> Singin' and Swingin' with MJ  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Dance Fitness with Mika  <b>1:00 – 2:15 PM</b> Member Updates &amp; January Birthdays</p> <p style="text-align: center;">  </p>

Michelle Oliva, Director | Email: [tsc@scc70.org](mailto:tsc@scc70.org) | Phone: 914-337-8487

Website: [www.scc70.org/tuckahoeseeniors](http://www.scc70.org/tuckahoeseeniors)

Meetings held at Fr. Fata Hall, Assumption Church  
 125 Wallace Street, Tuckahoe, NY 10707

We meet

Tuesdays & Thursdays from 9:00 am - 2:30 pm



**THE COMMUNITY FUND**  
 BRONXVILLE • EASTCHESTER • TUCKAHOE

**January 6, 2026 at 9:00 - 10:30 am**

Join us as we welcome you back to TSc following our Holiday Break and Celebrate the New Year together with a Bagel Breakfast Let's welcome 2026 together and join each other for social time along with a continental bagel breakfast including assorted mini bagels, butter, cream cheese & jelly and fruit salad!  
*Served with coffee, tea & hot chocolate!*

**Art with Deb ~ 1/20 & 1/22 ~ 1:00 - 2:30 PM**  
**Decoupage Illuminated Wine Bottles**



*Sign Up Required (begins January 6th)*  
*Limited to 12 members per session*

**Our Singin' and Swingin' Music Program with MJ Territo Continues through January**

Whether we're 9 months old or 90 years young, making music enriches our lives and feeds our spirits. Works wonders on the mind and body too. MJ shares her love of jazz and live music making with students of all ages. MJ is on the teaching artist rosters of ArtsWestchester, the arts council of Westchester County, NY and is offering Singin' & Swingin': Adventures in Jazz, Blues and Improvisation to the Tuckahoe Seniors! We will learn to sing and scat and create our own blues tune, & much more! Hope you join the fun 🎵🎵



MARIA	RUVOLO	JANUARY 6
ALEX	BRADY	JANUARY 8
FRAN	VETTORINO	JANUARY 9
VALERIE	RITTENHOUSE	JANUARY 12
VITO	PINTO	JANUARY 14
KAREN	LEO	JANUARY 16
MARION	COLEMAN	JANUARY 26

**Celebrating January Birthdays!**

*Reminder if you celebrate a Birthday in January you will receive a free Bingo card on our BINGO play dates*

**Health & Wellness:** If you are not feeling well, we ask that you please stay home & rest and return to the center once you are well. We are doing our best as a community to keep each other healthy and able to enjoy activities each week together. *Also, just a gentle reminder to wash your hands often especially while at the center; before & after meals and group activities and when using the restroom facilities. This will help to mitigate transmission of germs & keep us all healthy.*

**Closures:** If the center needs to close for any reason, an email will be sent and a voicemail message to announce closure details will be left & can be accessed by calling the TSC mobile # 914-337-8487



