


Tuckahoe Senior Citizens

COMMUNITY IS AGELESS

🌸 April 2026 Schedule 🌸

Tuesdays	Thursdays
<i>Please note: Schedule subject to change</i>	
	<p>April 2</p> <p>Center is closed in observance of Holy Thursday <i>No Programming Offered</i></p>
<p>April 7</p> <p>9:30 - 10:00 AM TSC Executive Board Meeting 10:30 – 11:15 AM Exercise with Evey 12:00 – 12:45 PM Line Dancing with Diane 1:00 – 2:00 PM Game Time: Rummikub, Playing Cards, Pokeno, Mahjong or Bring your own!</p>	<p>April 9</p> <p>9:00 - 10:30 AM Bunny Bagel Breakfast and April Birthday Celebrations 🌸 10:30 – 11:15 AM Exercise with Evey 12:00 – 12:45 PM Chair Yoga with Karen 1:00 – 2:00 PM Game Time: Rummikub, Playing Cards, Pokeno, Mahjong or Bring your own!</p>
<p>April 14</p> <p>10:30 – 11:15 AM Exercise with Evey 12:00 – 12:45 PM Dance Fitness with Mika 1:00 – 2:00 PM Art with Deb (Sign Up Req'd)</p>	<p>April 16</p> <p>10:30 – 11:15 AM Exercise with Evey 12:00 – 12:45 PM Chair Tap with Karen 1:00 – 2:00 PM Art with Deb (Sign Up Req'd)</p>
<p>April 21</p> <p>10:30 – 11:15 AM Exercise with Evey 12:00 – 12:45 PM Line Dancing with Diane 1:00 – 2:00 PM Game Time: Rummikub, Playing Cards, Pokeno, Mahjong or Bring your own!</p>	<p>April 23</p> <p>10:30 – 11:15 AM Exercise with Evey 12:00 – 12:45 PM Dance Fitness with Mika 1:00 – 2:00 PM B I N G O</p>
<p>April 28</p> <p>10:30 – 11:15 AM Exercise with Evey 12:00 – 12:45 PM Chair Tap with Karen 1:00 – 2:00 PM Presentation: Accountable Aging with Lauren Enea, Esq. (see reverse page for details)</p>	<p>April 30</p> <p>9:30 – 10:30 AM Morning Cup O' Joe Musical Performance 🎵 10:30 – 11:15 AM Exercise with Evey 12:00 – 12:45 PM Chair Yoga with Karen 1:00 – 2:00 PM Game Time: Rummikub, Playing Cards, Pokeno, Mahjong or Bring your own!</p>

Michelle Oliva, Director | Email: tsc@scc70.org | Phone: 914-337-8487

Website: www.scc70.org/tuckahoeseiors

We meet Tuesdays & Thursdays from 9:00 am - 2:30 pm

Meetings held at Fr. Fata Hall, Assumption Church, 125 Wallace Street, Tuckahoe, NY 10707



Bunny Bagel Breakfast

Thursday, April 9, 2026 at 9:00 am

Please join us for a Springtime celebration
& enjoy a breakfast menu with assorted
mini bagels, fruit salad & hard boiled
eggs served with coffee, tea and juice
\$10 per person ~ RSVP by Tuesday April 7th



🌷 We will also be celebrating April Birthdays 🌷

Morning Cup o' Joe Musical Performance April 30th at 9:30 AM

Rise and shine to the soothing sound of Joe
Blanco's Morning Joe. Joe plays guitar and sings
songs that will lift your spirits, put a smile on
your face and make you feel good all day long.
While you enjoy a hot cup of coffee!



Tuesday, April 28, 2026 from 1:00-2:00pm Accountable Aging: Preparing for the Elder Years

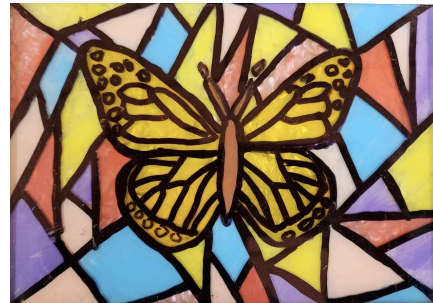
Our busy lives often leave little time to focus on matters related to our aging. It's important, however, to set aside time to plan for what's ahead - now more than ever. Join elder law attorney Lauren C. Enea, Esq. as she explains how to best organize your affairs and ensure all necessary documents are in order — from last wills, trusts, and advance directives to insurance policies and bank records. Discover what estate and elder care planning options are available to you and your loved ones as well as eligibility requirements for New York's Medicaid home care and nursing home programs. Lauren C. Enea practices exclusively in the fields of elder law & trusts and estates, protecting the rights of seniors, the disabled and their families. Lauren is a partner at Enea, Scanlan and Sirignano, LLP in White Plains and Somers, NY. * *There is no cost for this event but sign up is requested. Community friends are welcome to attend, please extend the invitation.*



HELEN	CENTORRINO	APRIL 8
MARGARET	O'MARA	APRIL 9
AGNES	COAKLEY	APRIL 12
ROSE MARIE	KING	APRIL 12
LYNN	MANN	APRIL 13
SALLY	PINTO	APRIL 14
EMANUELA	DEBENEDICTIS	APRIL 15
DEBRA	FERRARA	APRIL 16
EDA	GORREBEECK	APRIL 19
DOLORES	ROBERTS	APRIL 20
YVONNE	MOSCA	APRIL 21
ANGELA	URCIUOLI	APRIL 22
GEORGE	FAGNANI	APRIL 23
WILLIAM	MCGILL	APRIL 24
PATRICIA	HOLLYWOOD	APRIL 25

Reminder if you celebrate a Birthday in April you will receive a free Bingo card on our BINGO play date(s)

Art with Deb | April 14th & 16th | 1:00 - 2: PM Sunlit Wings Stained Glass Framed Art



Sign Up Required ~ Ltd to 12 members per session

Health & Wellness: If you are not feeling well, we ask that you please stay home & rest and return to the center once you are well. We are doing our best as a community to keep each other healthy and able to enjoy activities each week together. *Also, just a gentle reminder to wash your hands often especially while at the center; before & after meals and group activities and when using the restroom facilities. This will help to mitigate transmission of germs & keep us all healthy.*

Closures: If the center needs to close for any reason, an email will be sent and a voicemail message to announce closure details will be left & can be accessed by calling the TSC mobile # 914-337-8487. Also visit: <https://914stormcenter.info>