

# Tuckahoe Senior Citizens

COMMUNITY IS AGELESS

## ♥ February 2026 Schedule ♥

Tuesdays	Thursdays
<i>Please note: Schedule subject to change</i>	
<p><b>February 3</b>  <b>9:30 – 10:30 AM</b> Singin' and Swingin' with MJ  <i>(this is the final music class)</i>  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Chair Tap with Karen  <b>1:00 – 2:15 PM</b> </p>	<p><b>February 5</b>  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Chair Yoga with Karen  <b>1:00 – 2:00 PM</b> Art with Deb (Sign Up Req'd)</p>
 <p><b>Valentine's Day Card Making Event held on February 3rd &amp; 5th</b>  <i>This year we have partnered with "The Cupid Project" in our initiative to share Valentine's with members of the community who could use a little love and lifting of their spirits!</i></p>	
<p><b>February 10</b>  <b>9:30 – 10:30 AM</b> Executive Board Meeting  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Line Dancing with Diane  <b>1:00 – 2:00 PM</b> Art with Deb (Sign Up Req'd)</p>	<p><b>February 12</b>  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 2:30 PM</b> <b>Valentine's Day Luncheon and Dance</b> (reverse side for details)</p>
<p><b>February 17</b>  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Chair Yoga with Karen  <b>1:00 – 2:00 PM</b> <i>Game Time:</i> Rummikub, Cards, Pokeno, Mahjong or Bring your own!</p>	<p><b>February 19</b>  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Dance Fitness with Mika  <b>1:00 – 2:00 PM</b> <i>Game Time:</i> Rummikub, Cards, Pokeno, Mahjong or Bring your own!</p>
<p><b>February 24</b>  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Line Dancing with Diane  <b>1:00 – 2:00 PM</b> <b>Bling's the Thing Craft Event</b>  <i>Join us for an earring making event; you will Make 2 pairs, 1 to keep, 1 to donate</i></p>	<p><b>February 26</b>  <b>10:30 – 11:15 AM</b> Exercise with Evey  <b>12:00 – 12:45 PM</b> Dance Fitness with Mika  <b>1:00 – 2:15 PM</b> </p>

Michelle Oliva, Director | Email: [tsc@scc70.org](mailto:tsc@scc70.org) | Phone: 914-337-8487

Website: [www.scc70.org/tuckahoeseiors](http://www.scc70.org/tuckahoeseiors) | We meet Tuesdays & Thursdays from 9:00 am - 2:30 pm  
 Fr. Fata Hall, Assumption Church 125 Wallace Street, Tuckahoe, NY 10707



**Valentine's Day Luncheon & Dance**  
**Thursday February 12th ~ 12 - 2:30 pm**

Please join TSC for an in house luncheon along with live music and dancing! We will be serving Chinese Food Combos (choices provided) along with beverages, followed by coffee/tea and dessert. Make sure you wear your dancing shoes ~ following lunch we will enjoy live music & dancing with Teri Lamar.

**RSVP no later than Tuesday February 10th**  
**Cost \$20 per person**

**Art with Deb ~ 2/5 & 2/10 ~ 1:00 - 2:30 PM**  
**"Love You to Pieces" Puzzle Frame**



*Sign Up Required (begins January 29th)*  
*Limited to 12 members per session; waitlist available*

**Bling's the Thing Event | Tuesday Feb 24th | 1 PM**

Please join us to make two pairs of beaded earrings; one to keep, one to donate. As part of her mission, our guest instructor donates about 1400 pairs of earrings per month to battered women's shelters.



[www.thecupidproject.org](http://www.thecupidproject.org)

**This year TSC has partnered with The Cupid Project to further their initiatives and become part of their mission. Please join us in making Valentine's Day cards on February 3rd and help us spread some love!**

The Cupid Project was born out of a deep-rooted passion for helping others and making a difference. It all started with a family's shared common desire to spread love and joy to those in need. The journey began with the establishment of the Hearts Club at Longview High School in Longview, Texas, where monthly art projects were organized to connect with and bring happiness to individuals in nursing homes.

As time went on, the scope of our efforts expanded, and we realized the power of greeting cards as a means of reaching out to even more people. With an unwavering commitment to combatting loneliness and fostering community connections, The Cupid Project was established in 2018. Since then, our annual card-giving project has become a beacon of love, inspiring individuals and communities worldwide.

Our mission is to inspire a more empathetic and service oriented society.



ALDA	PICCONI	FEBRUARY 1
ADELE	BONARRIGO	FEBRUARY 1
SOOKIE	KIM	FEBRUARY 3
NINA	MALCHANAVA	FEBRUARY 6
COLORINDA	PORCELLO	FEBRUARY 7
ANN MICHELE	PINTO	FEBRUARY 9
ROSEANN	O'TOOLE	FEBRUARY 12
CHARLOTTE	GIRIGLIANO	FEBRUARY 13
CHRISTINE	SWENSON	FEBRUARY 16
NANCY	DENICOLA	FEBRUARY 19
MARGERY	DORNE	FEBRUARY 19
SHEILA	FARRELLY	FEBRUARY 20
JOANN	CERASI	FEBRUARY 27
ELEANOR	GUSTAFSON	FEBRUARY 27
BETTY	MATTHEWS	FEBRUARY 28

**Celebrating February Birthdays!**

*Reminder if you celebrate a Birthday in February you will receive a free Bingo card on our BINGO play dates*

**Health & Wellness:** If you are not feeling well, we ask that you please stay home & rest and return to the center once you are well. We are doing our best as a community to keep each other healthy and able to enjoy activities each week together. Also, a gentle reminder to wash your hands often especially while at the center; before & after meals and group activities and when using the restroom facilities. This will help to mitigate transmission of germs & keep us all healthy.

**Closures:** If the center needs to close an email will be sent & a voicemail message will be left on the TSC phone line with updates, you can access by calling 914-337-8487 and wait to listen to the voicemail message. I also post any delays or closures on the 845/914 Storm Center website, and you can access those storm updates by visiting: <http://914stormcenter.info/> Scroll down to Clubs/Organizations where you will find "Tuckahoe Senior Citizens" listed with any updates

