Tuckahoe Senior Citizens

COMMUNITY IS AGELESS



Tuesdays

Thursdays

Please note: Schedule subject to change

December 2

9:30 – 10:30 AM Singin' and Swingin' with MJ Territo

10:45 – 11:15 AM Exercise with Evey

12:00 – 12:45 PM Line Dancing with Diane

1:00 - 2:00 PM Keys to Safe Driving Program

(Presentation details on reverse page)

December 4

9:30 - 10:30 AM Singin' and Swingin' with MJ Territo

10:30 – 11:15 AM Exercise with Evev

12:00 - 12:45 PM Dance Fitness with Mika

1:00 - 2:30 PM December Birthday Celebrations









December 9



Details on reverse page

December 11

9:30 - 10:15 AM Chair Yoga with Karen

10:30 - 11:15 AM Exercise with Evey

12:00 - 2:00 PM Holiday Baby Cakes! Baking with **Mayor Andino** (No charge ~ Sign Up Requested)



December 16

9:30 –10:30 AM Singin' and Swingin' with MJ Territo

10:30 -11:15 AM Exercise with Evev

12:00 - 12:45 PM Line Dancing with Diane

1:00 – 2:00 PM Art with Deb (Sign Up Reg'd)

December 18

9:30 -10:30 AM Singin' and Swingin' with MJ Territo

10:30 -11:15 AM Exercise with Evev

12:00 - 12:45 PM Dance Fitness with Mika

1:00 – 2:00 PM Art with Deb (Sign Up Reg'd)

December 23

9:30 – 10:30 AM Singin' and Swingin' with MJ Territo

10:30 – 11:15 AM Toning with Kristy

12:00 - 12:45 PM Holiday Chair Tap with Karen



Holiday Break ~ TSC will be Closed from **Tuesday December 25th through Thursday December 31st and Reopening Tuesday January 6th**



Michelle Oliva, Director | Email: tsc@scc70.org | Phone: 914-337-8487

Website: www.scc70.org/tuckahoeseniors

Meetings held at Fr. Fata Hall, Assumption Church | 125 Wallace Street, Tuckahoe, NY 10707





Keys to Safe Driving Program Tuesday December 2nd 1:00 - 2:00 pm

"Keys to Safe Driving" is a program presented by Westchester County's Department of Senior Programs and Services Older Driver Coalition, and offers tools, tips and techniques that older drivers can use to be on the road as safely as possible for as long as possible. The program will also explore when it is time to stop driving and what alternative transportation services are available when seniors decide to relinquish their keys.

Jingle & Mingle Holiday Luncheon & Party
Tuesday December 9th ~ 12:00 am - 3:00 pm
Please join us for a special holiday celebration
12:00 - 1:00 pm Mingling & Lunch Served
1:00 - 3:00 pm Jingling
DJ & Dancing
Gift Exchange

(\$10 value/optional participation)

Pessert & Coffee/Tea/Hot Cocoa Served
RSVP by Thursday, December 4th
\$40 per person paid via Cash or Check

Art with Deb ~ 12/16 & 12/18 ~ 1:00 - 2:30 PM Decorative Holiday Spoons



Sign Up Required ~ Ltd to 12 members per session

Our Singin' and Swingin' Music Program with MJ Territo Continues this December

Whether we're 9 months old or 90 years young, making music enriches our lives and feeds our spirits. Works wonders on the mind and body too. MJ shares her love of jazz and live music making with students of all ages. She is on the teaching artist rosters of ArtsWestchester, the arts council of Westchester County, NY and will be offering Singin' & Swingin': Adventures in Jazz, Blues and Improvisation to the Tuckahoe Seniors! We will learn to sing and scat and create our own blues tune, and much more! Hope you join the fun



Wishing you a very Happy & Blessed Holiday Season!



Celebrating December Birthdays!

MARIAN DUNAT DECEMBER 4 INNA **ELTSEFON DECEMBER 21** MARY FEDDECK DECEMBER 30 MARY IANNITTI DECEMBER 25 MARIA NICOLOSI DECEMBER 5 JENNY REA DECEMBER 22 DARCEL ROBINSON DECEMBER 24 JOYCE TURANO DECEMBER 28

Reminder if you celebrate a Birthday in December you will receive a free Bingo card on our BINGO play dates

Community Holiday Events

★Tuckahoe Village Winter Fest ★
Saturday 12/6 from 3-8 pm Depot Square

★Holiday Miracle Performed by

Seniors on the Move Thursday 12/4 at 11:30 am Bronxville Women's Club Vintage Holiday Market Saturday 12/6 from 12-3 pm

Secret Santas MINGO Event

Saturday 12/6 from 6:30 pm Doors/Event 7pm

Health & Wellness: If you are not feeling well, we ask that you please stay home & rest and return to the center once you are well. We are doing our best as a community to keep each other healthy and able to enjoy activities each week together. Also, just a gentle reminder to wash your hands often especially while at the center; before & after meals and group activities and when using the restroom facilities. This will help to mitigate transmission of germs & keep us all healthy.

<u>Closures</u>: If the center needs to close for any reason, an email will be sent and a voicemail message to announce closure details will be left & can be accessed by calling the TSC mobile # 914-337-8487



Looking forward to celebrating on January 6th when we return from holiday break