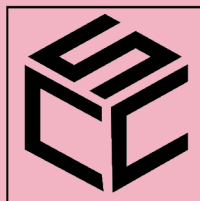


Bronxville Senior Citizens



Community is Ageless



SENIOR CITIZENS COUNCIL
BRONXVILLE & TUCKAHOE

JULY 2026

Tuesday		Thursday	
Additional July events Dates are TBD: • <i>Opera Lecture by Waterstone/Epoch</i> • <i>Expressive Art with Watercolors</i> • <i>Earring Making & Lunch with Joan</i>	PLEASE NOTE! <i>The BSC will reopen AFTER Labor Day on Tuesday, September 8.</i> <i>Enjoy your Summer!</i>	July 2 9:30 – 10:15 a.m. 10:30 – 11:15 a.m. 11:30 – 12:15 p.m. 12:30 – 2:30 p.m. 12:30 – 2:30 p.m.	<i>Dancing with Diane</i> Chair Yoga with Karen Exercise with Evey Play Mah Jongg, Canasta Play Bridge, Pinochle
July 7 9:00 – 11:00 a.m. 11:00 – 11:45 a.m. 12:00 – 12:45 p.m. 1:00 – 1:45 p.m.	Play Bridge Move with Mika! Exercise with Evey Toning with Kristie	July 9 9:30 – 10:15 a.m. 10:30 – 11:15 a.m. 11:30 – 12:15 p.m. 12:30 – 2:30 p.m. 12:30 – 2:30 p.m.	<i>Dancing with Diane</i> Move with Mika! Exercise with Evey Play Mah Jongg, Canasta Play Bridge, Pinochle
July 14 9:00 – 11:00 a.m. 11:00 – 11:45 a.m. 12:00 – 2:00 p.m.	Play Bridge Chair Yoga with Karen <i>*Celebration of America's 250th Anniversary Luncheon with Walter's Food Truck**</i>	July 16 9:30 – 10:15 a.m. 10:30 – 11:15 a.m. 11:30 – 12:15 p.m. 12:30 – 2:30 p.m. 12:30 – 2:30 p.m.	<i>Dancing with Diane</i> Chair Yoga with Karen Exercise with Evey Play Mah Jongg, Canasta Play Bridge, Pinochle
July 21 9:00 – 11:00 a.m. 11:00 – 11:45 a.m. 12:00 – 12:45 p.m.	Play Bridge Move with Mika! Toning with Kristie	July 23 9:30 – 10:15 a.m. 10:30 – 11:15 a.m. 11:30 – 12:15 p.m. 12:30 – 2:30 p.m. 12:30 – 2:30 p.m.	<i>Dancing with Diane</i> Move with Mika! Toning with Kristie Play Mah Jongg, Canasta Play Bridge, Pinochle
July 28 9:00 – 11:00 a.m. 11:00 – 11:45 a.m. 12:00 – 12:45 p.m.	Play Bridge Chair Yoga with Karen Toning with Kristie	July 30 9:30 – 10:15 a.m. 10:30 – 11:15 a.m. 11:30 – 12:15 p.m. 12:30 – 2:30 p.m. 12:30 – 2:30 p.m.	<i>Move with Mika!</i> Chair Yoga with Karen Toning with Kristie Play Mah Jongg, Canasta Play Bridge, Pinochle

Lisa McGovern, Director

Center Location:

Reformed Church

180 Pondfield Road

Bronxville, NY 10708

Office Cell: 914-844-5120

Email: BSC@SCC70.org

Website: www.scc70.org/bronxvillesseniors

Mailing Address:

Bronxville Senior Citizens

P.O. Box 397

Bronxville, NY 10708



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Image ID: 235819452 www.depositphotos.com

Greetings members,

As we begin the start of our 26 - 27 fiscal year, I want to extend my warmest greetings to all of you and my sincere appreciation to our board members: Mary Smith, Cathy Hurley, Liz Delgado, Paula Greco McTigue, Eileen Davidson, Maryellen Yonkers, Anne Kelty, Adriane Bailey-Beck, and Dothlyn Dennis, and to our amazing Director, Lisa McGovern, for their commitment, support, and service. It's a privilege to serve with you and look forward to another year of collaboration.

I would also like to extend my best wishes to Sarah Bellair as she assumes the role of BCC President. We look forward to her leadership in the coming year.

I appreciate all of you for your time and energy that you bring each week to the center.

With July marking the 250-year milestone celebration of America's birthday, we are reminded of the values of unity, service, freedom, endurance, and community that unite us. May we honor the past, embrace the present, and work together to help build a stronger community.

Thank you for being such wonderful members. As we enter our annual August recess, let me wish you a safe, relaxing, and enjoyable summer.

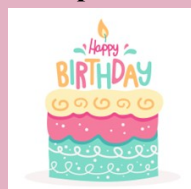
I look forward to seeing you on September 8th.

With appreciation,
Barbara Gregoire, President

Birthday Corner

The Bronxville Senior Citizens would like to wish a very Happy Birthday to these wonderful Members who celebrate their birthdays in July:

- Marjorie Werder
- Sally Williams
- Elizabeth Harriss
- Rosemary Pappalardo
- Beth Rowan
- Jane DeLaCruz
- Martha Laper
- Concetta Colica
- Carmel Mangan
- Mickey Brand
- * Eileen Higgins
- * Rose Marie Volpe
- * Elizabeth Calderon
- * Ann McLoughlin
- * Virginia Campbell



Senior Citizens Council

The Senior Citizens Council (SCC) is our umbrella organization and a member of the Community Fund, which supports The Bronxville Senior Citizens bridge, Tai Chi, and exercise programs. For more about the SCC and its mission, you may contact Council Chair Sarah Belair or check out the website www.scc70.org.



Bronxville Senior Citizens Membership

The fiscal year for the Bronxville Senior Citizens is July 1, 2026 to June 30, 2027. To join or renew, a completed membership form is required (form required each year!) and write a check made payable to the Bronxville Senior Citizens for the fee of **\$175.00**. Discounted fee for 90 and above is **\$87.50**. Forms are available online and at the Center and will be mailed to all current members. You can pay your dues at the center or mail it to:

**Bronxville Senior Citizens
P.O. Box 397
Bronxville, NY 10708**

The Bronxville Senior Citizens Board July 1, 2026 – June 30, 2027

President	Barbara Gregoire
Vice President	Mary Smith
Treasurer	Cathy Hurley
Assistant Treasurer	Liz Delgado
Recording Secretary	Paula Greco McTigue
Corresponding Secy	Eileen Davidson
Nominating Comm.	Maryellen Mullin Yonkers
	Anne Kelty
Members at Large	Adriane Bailey Beck
	Dothlyn Dennis

Thank you for all of your service and dedication to the Bronxville Senior Citizens! Please see Maryellen Mullin Yonkers or Anne Kelty if you are interested in joining the Bronxville Senior Citizens Board.



God Bless America!

**Join the BSC as we celebrate
America's 250th Anniversary!**

Tuesday, July 14 at 12pm

Lunch, Friends & Patriotism!

\$25 per person

Checks made payable to the Bronxville Senior Citizens

BSC at The Reformed Church of Bronxville

DO YOU KNOW THE SCC?

Please consider supporting our umbrella organization, the Senior Citizens Council, as they host a fundraiser on September 23rd.

Please find the event flyer on the next page.

The SCC is made up of a dedicated Executive Board of 5 members and a Board of Directors of 15 members led by SCC Chairwoman Sarah Belair. The Senior Citizens Council is the umbrella organization made up of a Board of Directors who oversee operations for both the BSC and TSC. The SCC also raises the necessary funds to pay the directors, instructors, fund programs, cover insurance, rentals and all other financial obligations.

They also help underwrite costs of trips and bus transportation!

HOW CAN YOU HELP SUPPORT THIS EVENT?

- ♦ **Purchase a ticket at the discounted member rate of \$100.**
- ♦ **Attend the event at the beautiful Siwanoy Country Club.**
- ♦ **Let us know if you would like to become an event sponsor!**
- ♦ **Tell your kids and grandkids to see if they or their company would like to support by becoming a sponsor!**

Thank you to all of our wonderful BSC members who support our events and programming. We are so lucky to have you!



The Senior Citizens Council Honors The Community Fund

Bronxville | Eastchester | Tuckahoe

Wednesday, September 23, 2026
6:00 - 8:00 pm

Siwanoy Country Club
Bronxville, NY

Please mark your calendar for a special celebration honoring The Community Fund, which has supported the Senior Citizens Council and the two organizations under its care, the Tuckahoe Senior Citizens and the Bronxville Senior Citizens, since 1980. This event is an opportunity to come together while also showing your support for the resources and programs that enrich the lives of our local seniors.

More event details to come - we look forward to celebrating with you.

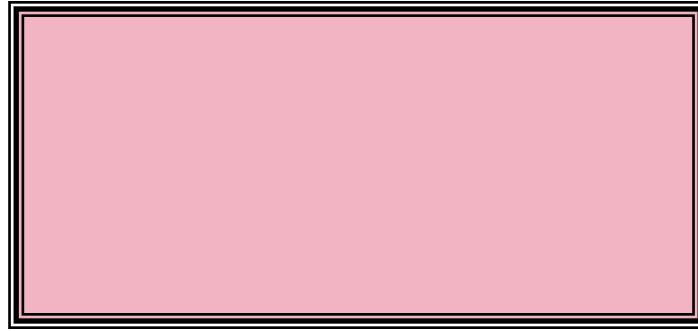


**Scan the QR code to learn more about
sponsorship opportunities or to purchase
tickets!**

You can also visit scc70.org
Click on the EVENTS tab for sponsorship opportunities, to
buy a ticket, or make a donation.

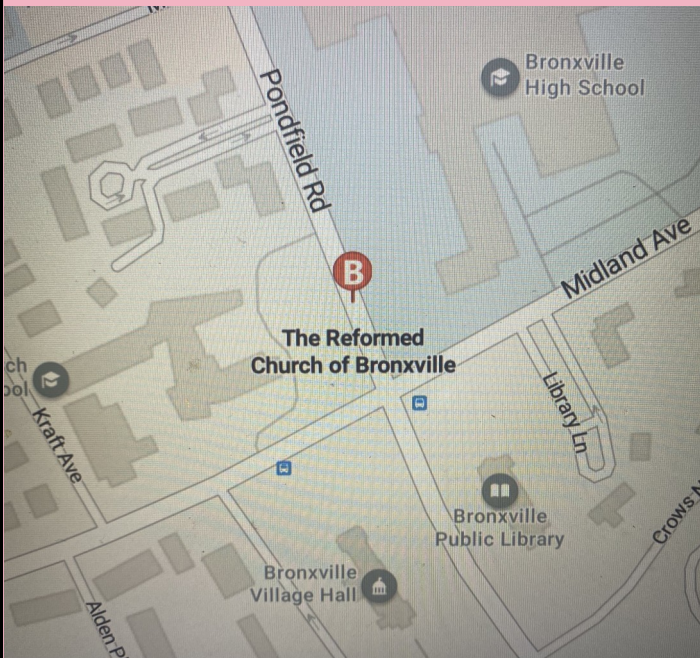
BRONXVILLE SENIOR CITIZENS
C/O THE REFORMED CHURCH
180 PONDFIELD ROAD
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BRONXVILLE, NY 10708
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***Bronxville Senior Citizens
Reformed Church of Bronxville
180 Pondfield Road
Bronxville, NY 10708***

The Reformed Church is located at 180 Pondfield road, the corner of Pondfield and Midland Avenues.



JULY

Courtesy of BSC Member Susanne Servin

July is Parsley. The symbolism of herbs is rooted in many ancient traditions, from indigenous healing to Ayurvedic wellness rituals. So it's no surprise that with time, birth month herbs emerged as a way to understand ourselves.

Similar to birth stones and flowers, each month's herbs hold a special significance—as well as practical benefits

Meaning: Vitality, purification, cleansing

Birth stones: Moon stone, Peridot and Pearl

Flowers: Lilies

Proverb: There is always something smaller and always something bigger.

